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Free text numbers with sms

Don't click links in unwanted text messages (blog post) you can see text messages promising money - maybe economic impact payments, loans for small businesses, or offering money that you can get. In fact, I recently saw a WhatsApp text message in Spanish that advertised money for people... How to recognize and report spam text messages (article) If you have a mobile phone, you will probably use it dozens of times a day to text people you know. But have you ever received a text message from an unknown sender? It could be a scammer trying to steal your personal information. Find out what you can do... Phishing: Don't take the bait (Blog Post) phishing when someone uses fake emails or texts - even phone calls - to get you to share valuable personal information like account numbers, Social Security numbers, or your login credentials and passwords. Scammers use this information to steal your... Netflix phishing scams: Don't take the bait (blog post) phishing when someone uses fake emails or texts to get you to share valuable personal information - like account numbers, Social Security numbers, or your login credentials and passwords. Scammers use your information to steal your money, your... Revenge nannies (blog post) Are you a nanny or caregiver who lists your services on sites like care.com, sittercity.com, or craigslist.com? A few months ago we warned of a fraud that targets carers like you. Here's a reminder: a scammer email or texts sentence... Stopping unwanted phone calls and text messages (Blog Post) Unwanted phone calls or random text messages seem to come at any time. They bug you at work, interrupt dinner, or wake you up when you sleep soundly. I think we can all agree that they're a real nuisance. Did you know that they can also be a scam... Text message Mess (blog post) Let me set the scene: your friend John is in a hurry to get his daughter out of school and his son on the football field and he still has to stop at the grocery store because there is nothing in the fridge. In the midst of this everyday madness, he ... Can debt collectors send you a message for money? (Blog Message) This can start with an unexpected text message or email like this: ALERT! YOUR PAYMENT FOR \$SIS SCHEDULED FOR 6/19/15CALL XXX-XXX-XXXX HOLD. The message is a lie. You don't have pay arrangements with anyone. So... Page 2 Prize Fraud (Article) You just won \$5,000! Or \$5 million. Or maybe it's a fabulous diamond ring, or a luxury vacation? Chances are it's a prize scam and you'll find the prize isn't worth much - if you get a prize on Here's one way to think about it: if you... Random text? Wait, wait, don't push it! (Blog Post) Here's a tip that's worth repeating: Don't click on the link in the text message you get on your phone that says you've won a terrific prize or gift card. Don't answer either. It's probably a scam. The Federal Trade Commission has settled... A text message that is not a prize (blog post) Free iPad? A \$1,000 gift card? And and to click on you were SELECTED FOR PRIZE text message that you received out of nowhere? According to the FTC's recent settlement with a marketer named Jason K. Cruz, this is simply not the case. It seems Mr... Text Twist on Debt Collection (blog post) Another text message. Who's it from? Seriously? A debt collector? Getting texts from debt collectors can be annoying, but it's not illegal. What is illegal is incomplete disclosure and harassment or deceptive attempts... Vexing Texts (blog post) Who doesn't like to get something for free? This is what scammers hope when they send messages like this: You have been selected for a free \$1,000 gift card! Enter the code ... Back at School Smarts (blog post) With your kids heading back to school, you can hope they spend more time with their nose in the tutorial than with their eyes glued to the screen. And since you know, they will spend time online - socializing, sharing photos, and... Can spam texts (and Robocalls) (blog post) TXT MSG: U won free gift cards!! Go 2 TXMSGSPAM, enter the code \$\$ \$ require the card within 24 hours. EN get MSG? Recently, the FTC moved to shut down a network of scammers who sent spam messages that promised free gifts, prizes... Page 3 Kids: Texting and Sexting (article) Any child with a cell phone probably uses it to send and receive text messages and images. This is similar to using email or instant messaging, and most of the same etiquette and security rules apply. Texting Sexting Texting If Your Kids... Text messages from your mobile phone are automatically sent from your mobile phone number. You can send free anonymous text messages over the Internet via websites including txt2day, Text 'Em and AllFreeTexting. These services offer text messaging services with different character restrictions. Although these messages are essentially anonymous, the sites do record the IP address of a computer or mobile phone used for security purposes. Open the txt2day web page and enter the recipient's 10-digit mobile phone number. Click on the drop-off menu and click on the recipient's mobile service provider. Enter the message. Messages can be up to 140 characters, including intervals and punctuation. Click send it to deliver the message. Open the Text 'em webpage and enter the recipient's C. Mobile Phone Number. Click on the recipient's area. AllFreeTexting allows you to send free messages from the U.S. or Canada. Enter the message and click send text. There are no symbols restrictions for messages. Last updated October 20, 2020 You have a deadline looming. However, instead of doing do You mess with other things like checking email, social media, watching videos, surfing blogs and forums. You know you have to work, but you just don't want to do anything. We are all familiar with the phenomenon of procrastination. When we are slow, we put our free time and put off important tasks that we must do them before it is too late. And when it's really too late, we panic and wish we had started earlier. Chronic procrastinators I know have spent years of their life looping into this cycle. Delay, delaying things, slacking, hiding from work, before work only when it is inevitable, and then repeating this cycle over and over again. It is a bad habit that eats us up and prevents us from achieving great results in life. Don't let procrastination take over your life. Here I will go with my personal steps on how to stop procrastination. These 11 steps certainly apply to you too:1.1 Break your work on Little StepsPart out of the reasons why we procrastinate, because subconsciously, we find the work too overwhelming for us. Break it into small pieces and then focus on one part at a time. If you are still slow with the task after its breakdown, then break it even further. Soon your task will be so simple that you will think: Gee, it's so simple that I might as well just do it now!. For example, I am currently writing a new book (on how to achieve something in life). Writing books on a full scale is a huge project and can be overwhelming. However, when I break it down into stages such as - (1) Research (2) Solution topics (3) Creating a plan (4) Designing content (5) Writing chapters #1 to #10, (6) Revision (7) etc. Suddenly it seems very manageable. What I do is to focus on the immediate phase and do it at my best without thinking about other phases. When this is done, I'll move on to the next one. Changing environments Have a different impact on our performance. Look at your desktop and your room. Do they make you want to work or do they make you want to snuggle up and sleep? If this is the last one, you should look at changing the workspace. One thing to note is that the environment that makes us feel inspired before can lose its effect after a while. If so, it's time to change the situation around. Check #2 and #3 13 productivity strategies that talk about updating your environment and workspace.3 Create a detailed chronology with specific dates, giving only one deadline for your work as an invitation to postpone. That's because we get the impression that we have time and keep pushing everything backwards before it's too late. Break the project (see review #1) and then create a common timeline with specific timelines for each Tasks. So you know you have to finish each task by a certain date. Your timing should be robust, too - i.e. if you don't finish it it will jeopardize everything else that you have planned after that. Thus, this creates an urgent need to act. My goals are broken down into monthly, weekly, down to daily task lists, and the list is a call to action that I have to accomplish this by the specified date, otherwise my goals will be removed. Here are some more tips for setting deadlines: 22 Tips for Effective Timing4. Eliminate your procrastination Pit-StopsIfs you procrastinate too much, maybe it's because you make it easy to put off. Identify browser bookmarks that separate a lot of your time and transfer them to a separate folder that is less accessible. Turn off the automatic notification option in your email client. Get rid of the distractions around you. I know some people will sideline and delete or deactivate their Facebook accounts. I think it's a little harsh and extreme, because solving procrastination has more to do with awareness of our actions than with self-in-force methods, but if you feel it's the right thing to do, go for it.5 To hang out with people who inspire you to take actionI'm sure that if you spend just 10 minutes talking to Steve Jobs or Bill Gates, you'll be more inspired to act than if you spent 10 minutes doing nothing. The people we are with influence our behavior. Of course, spending time with Steve Jobs or Bill Gates every day is probably not a possible method, but the principle applies - the hidden power of every person around you identify the people, friends or colleagues who call you - most likely go-getters and hardworking - and hang out with them more often. Soon you will instill their drive and spirit too. As a personal development blogger, I hang out with inspiring personal development experts by reading their blogs and matching with them regularly via email and social media. It's communication through the new media, and it works all the same. Getting a BuddyHaving companion makes the whole process much more fun. Ideally, your buddy should be someone who has his own set of goals. You will both hold each other accountable to your goals and plans. While it's not necessary for both of you to have the same goals, it will be even better if it is, so you can learn from each other. I have a good friend with whom I communicate regularly, and we always ask each other about our goals and progress towards those goals. Needless to say, this is pushing us to take action.7 Tell others about your goalsIt serves the same function #6, on a larger scale. Tell all your friends, colleagues, acquaintances and family about your projects. Now that you see them, they have to ask you about your status on these projects. For example, sometimes I announce my projects on a personal excellence blog, Twitter and Facebook, and my readers will ask me about them on a permanent basis It's a great way to hold myself accountable to my plans.8 Look for someone who has already achieved the resultWhat is it want to reach here, and who are the people who have achieved this already? Go look for them and contact them. Seeing live proof that your goals are very well achievable if you take action is one of the best triggers for action. 9. Re-clarify your goalsIf you have been procrastinating for a long period of time, this may reflect the inselivige between what you want and what you are doing now. Often, we outgrow our goals as we learn more about ourselves, but we don't change our goals to reflect that. Get out of work (short vacation will be fine, otherwise just a weekend break or staycation will do too) and take some time to regroup. What exactly do you want to achieve? What do you have to do to get there? What steps should be taken? Is your current job consistent with that? If not, what can you do about it?10. Stop overly complicating ThingsAre are you waiting for the perfect time to do it? This may not be the best time now because of X, Y, reason? Ditch that thought because there is never a perfect time. If you keep waiting for one, you'll never do anything. Perfectionism is one of the main causes of procrastination. Learn more about why perfectionist tendencies can be a scourge rather than a boon: Why being a Perfectionist might not be so perfect.11 Get Grip and just do it after all, it comes down to taking action. You can do all the strategies, planning and hypotheses, but if you don't take action, nothing will happen. Sometimes, I get readers and clients who continue to complain about their situation, but they still refuse to take action at the end of the day. Reality Check! I've never heard of anyone slowing down their way to success before, and I doubt that will change in the near future. Whatever you procrastinate, if you want to do it, you have to gain control over yourself and do it. Bonus: Think like RhinoMore Tips for procrastinators to start taking ActionFeatured photo credit: Malvestida Magazine via unsplash.com unsplash.com